Safety Rules

At Home, School, And Around The Neighborhood

FDOT

TARGET ZERO
FATALITIES & SERIOUS INJURIES

YOUR TRAFFIC SAFETY TEAM
Bringing you home safely.

Cut out these pieces. Fold side tabs in to help them stand up.
Go to the neighborhood map inside and play safe!

Read these rules with a parent, grandparent, teacher, or older brother or sister. Talk about how you and your friends can stay safe when walking or riding around your neighborhood.

Great Safety Tips!

Buckle Up! Always wear a safety belt when riding in a car.

Stroll & Roll the Right Way!

- Walk and ride during the day.
- Have a buddy with you always.
- Stay out of dark, hidden areas.
- Don't enter the road between parked cars.
- Cross the street at a corner or crosswalk.
- Look left, right, and left again before crossing a street.
- Sidewalks are the safest place to walk or ride.
- Wear a helmet every time you bike or skate.
- Ride your bike with the flow of traffic.
- Obey traffic signs and signals.

Stranger Danger!

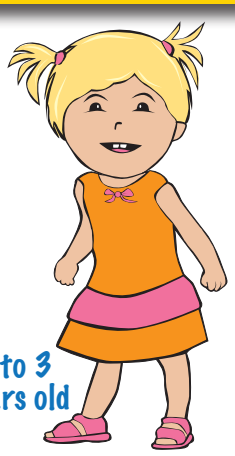
- Never go up to a car or near someone you don't know.
- Have a safe place and people you can go to in an emergency.

Road Rules!

- Make sure everyone is buckled up for every car ride.
- Check that your seat belt fits! The lap belt must lie snug across the upper thighs, not the stomach. The shoulder belt should lie snug across the shoulder and chest and not cross the neck or face.
- DO NOT put your seat belt behind your back or under your arm!

Help These Kids Find The Right Safety Seat!

Draw lines to match them to the best car seat for their age and size.



1 to 3 years old

4 to 7 years old

8 to 12 years old

booster seat

rear-facing car seat

forward-facing car seat with a harness

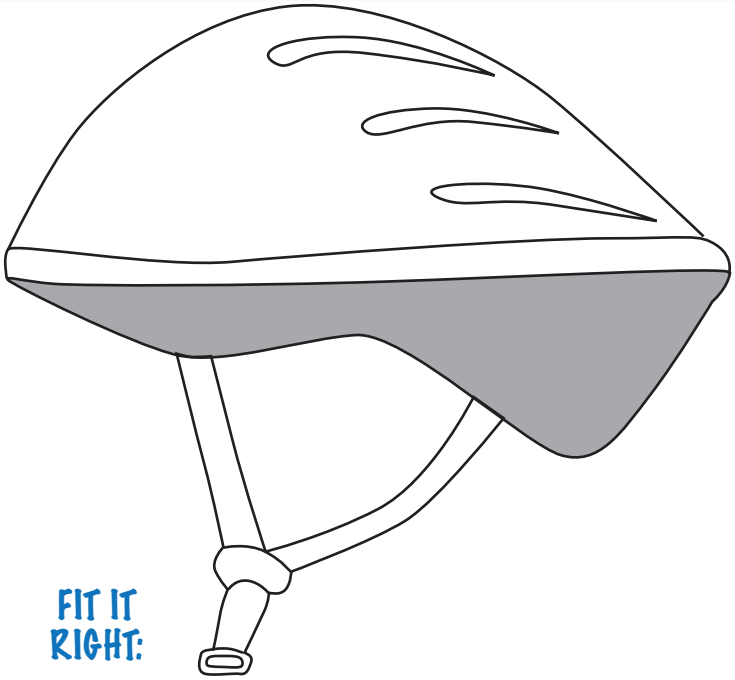
Answer: 1-3 years old = rear-facing car seat, 4-7 years old = forward-facing car seat with a harness, 8-12 years old = booster seat. Follow the top height or weight limit your car seat's manufacturer allows.

Be A ROLL Model!

- Use sidewalks and bike lanes.
- Look and listen for cars.
- Ride a bicycle that's not too big and has reflectors.
- Bicycle helmets protect your head from serious injury.

Color The Helmet!

Make this helmet special, just like you.



FIT IT RIGHT:

- Wear helmet level on your head; low on your forehead, just two fingers above the eyebrows.
- Adjust the straps to form a "V" shape under your ears.
- Always buckle the helmet and tighten the chin strap.
- The helmet should fit snugly so, it doesn't move.

Bike Safety Word Find!

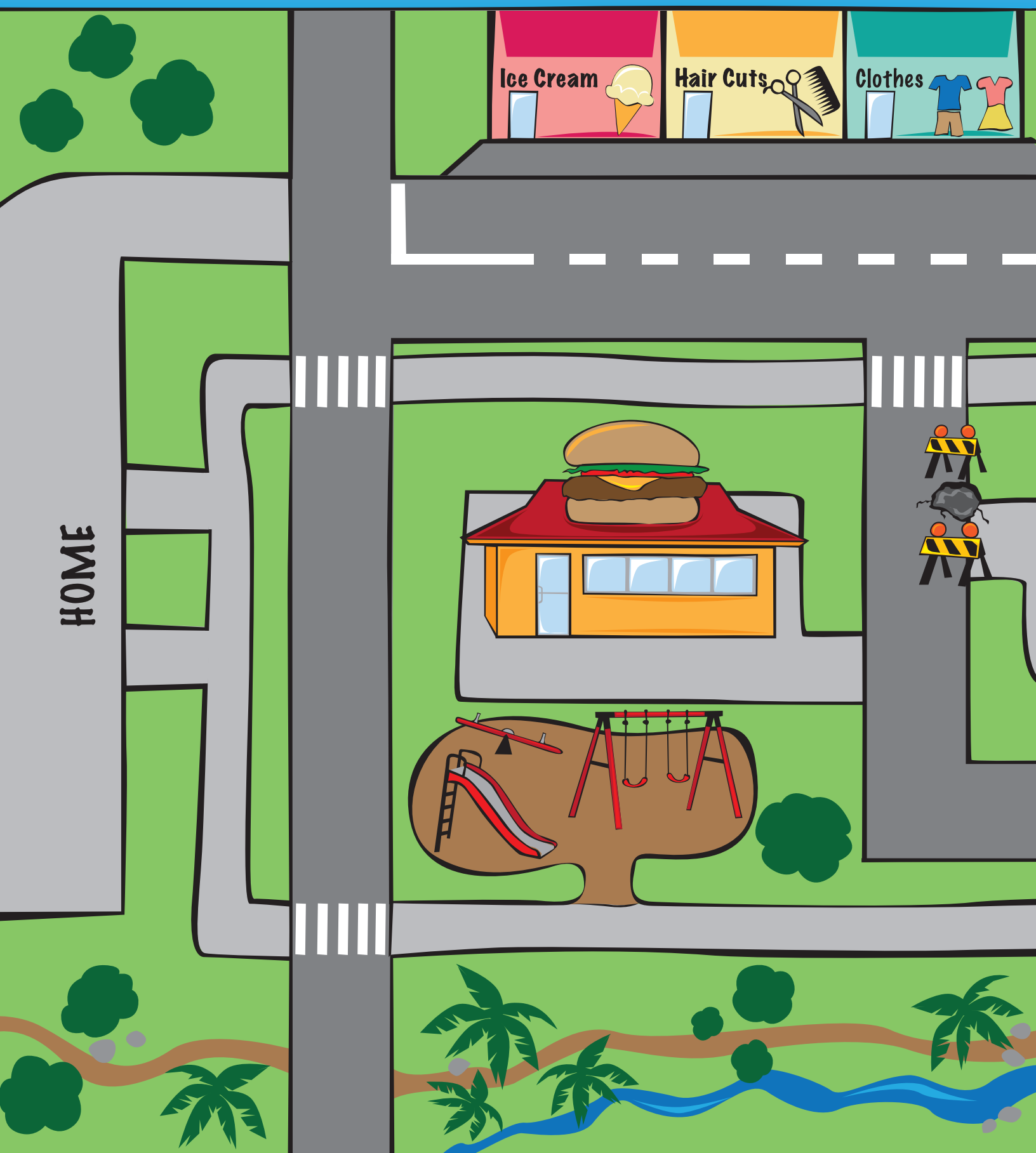
Circle the words you find below.

X	G	B	R	H	K	Q	R	R	S
K	U	R	W	G	B	I	K	E	Q
E	Q	O	E	R	U	A	L	D	Z
S	T	Y	H	E	L	M	E	T	G
L	Z	W	V	O	N	X	R	S	O
O	P	U	B	I	S	T	O	P	W
W	R	X	K	R	E	N	J	K	N
K	Q	Y	E	L	L	O	W	T	M

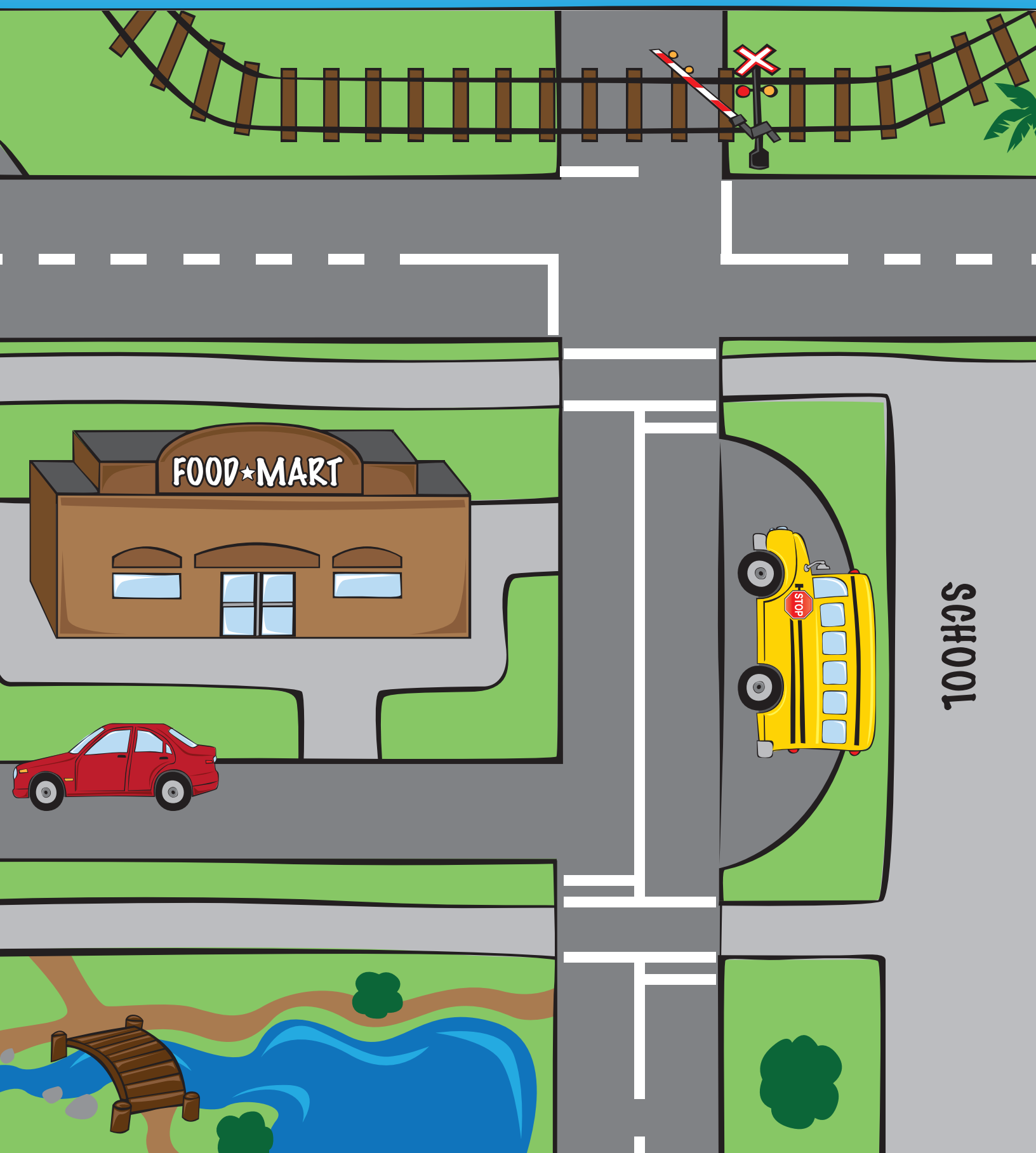
BIKE
HELMET
RED
STOP
GREEN
GO
YELLOW
SLOW

Play it SAFE!

Use the cut-out pieces to have fun helping the kids get safely to school and back home again.



Remember to stay on the sidewalks and use the crosswalks.
Stay away from water and construction dangers.
Watch out for cars, buses, and trains.



Home & Fire Safety!

- **In case of a fire or real emergency, get to a safe place and call 911.**
- Have a parent test the smoke alarms in your house. They can save your life!
- Always have an adult in the kitchen with you. Stay away from the stove, hot liquids, and steam.
- Don't play with fire, matches, lighters, fireworks, gasoline, or chemicals.

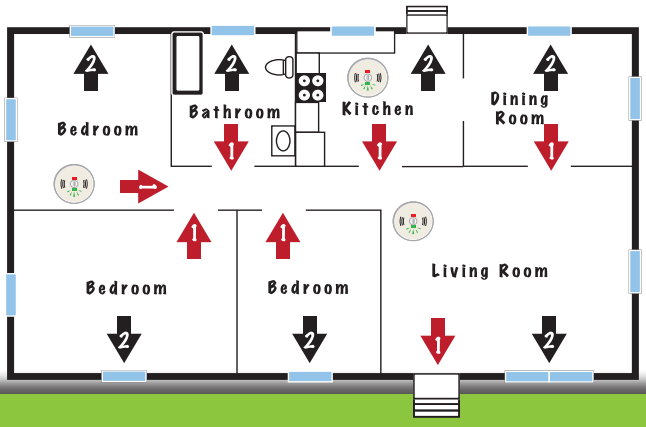
Plan a Fire Escape Route!

With a parent or adult, draw a map of your home. Show doors and windows too.

FIRE SAFETY TIPS:

- Make sure to have two ways out of each room.
- Practice your escape plan with your family.
- Remember to get out fast and crawl low under the smoke.
- Stop, drop, and roll if your clothing catches on fire.
- Have a safe meeting place, and once outside, stay out!

sample escape plan

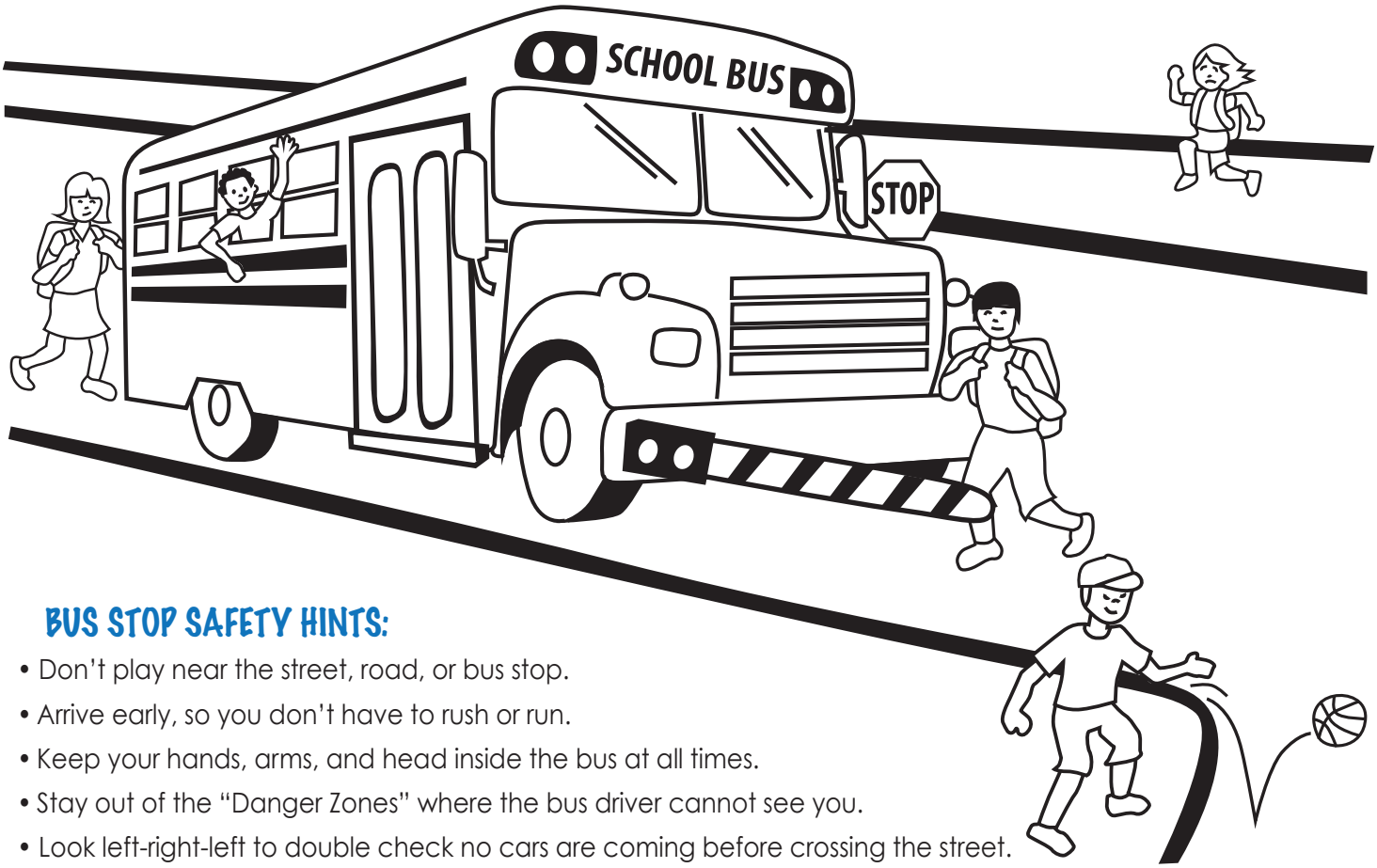


Bus Stop Hazards!

- Walk to and from the bus stop with an adult.
- Wait in a safe spot at least ten feet away from where the bus will stop. Stand back until the bus driver opens the door and gives the 'OK' to get on.
- When getting off the school bus, immediately take 10 steps away from the bus. Never cross the street behind the bus, and always make sure the bus driver can see you.

Spot the Dangers in this Picture!

Find and circle the 5 things wrong at this bus stop below. Then have fun coloring the drawing.

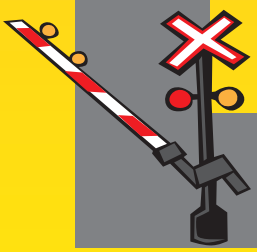


BUS STOP SAFETY HINTS:

- Don't play near the street, road, or bus stop.
- Arrive early, so you don't have to rush or run.
- Keep your hands, arms, and head inside the bus at all times.
- Stay out of the "Danger Zones" where the bus driver cannot see you.
- Look left-right-left to double check no cars are coming before crossing the street.

Safety Maze!

Follow the road signs to find the safest way home.



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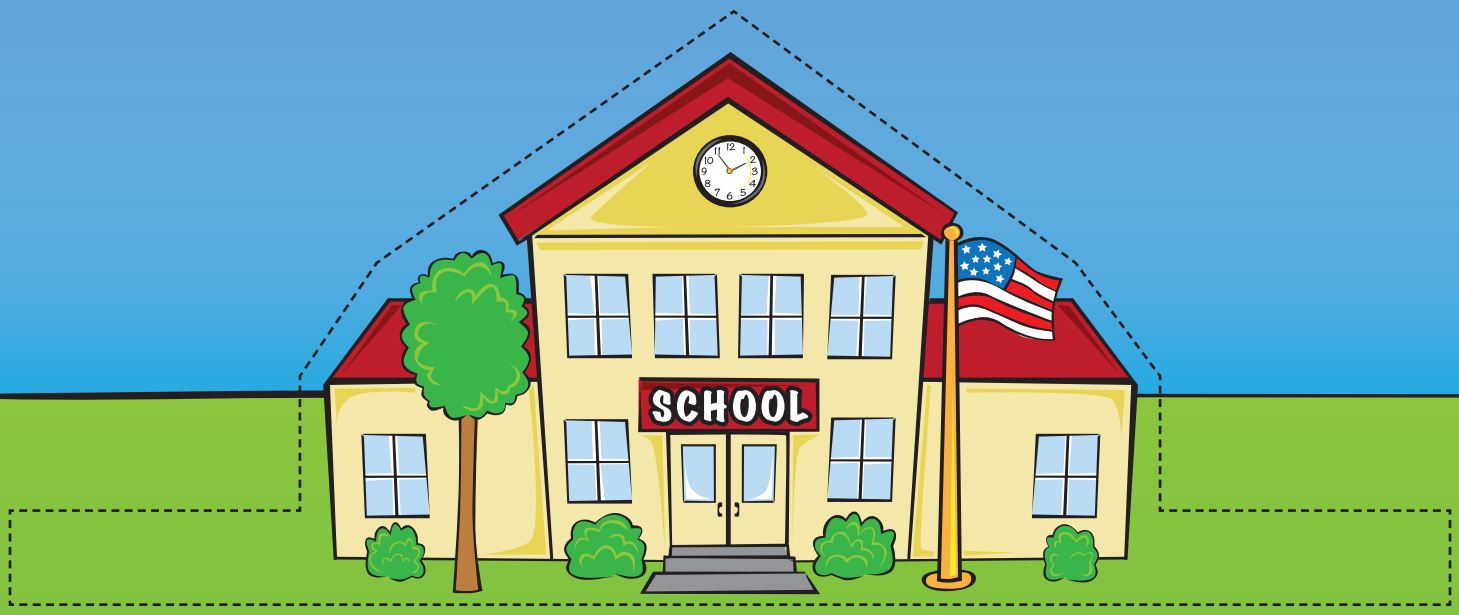
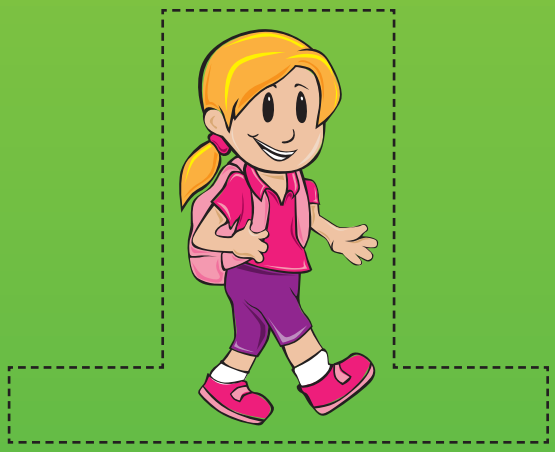
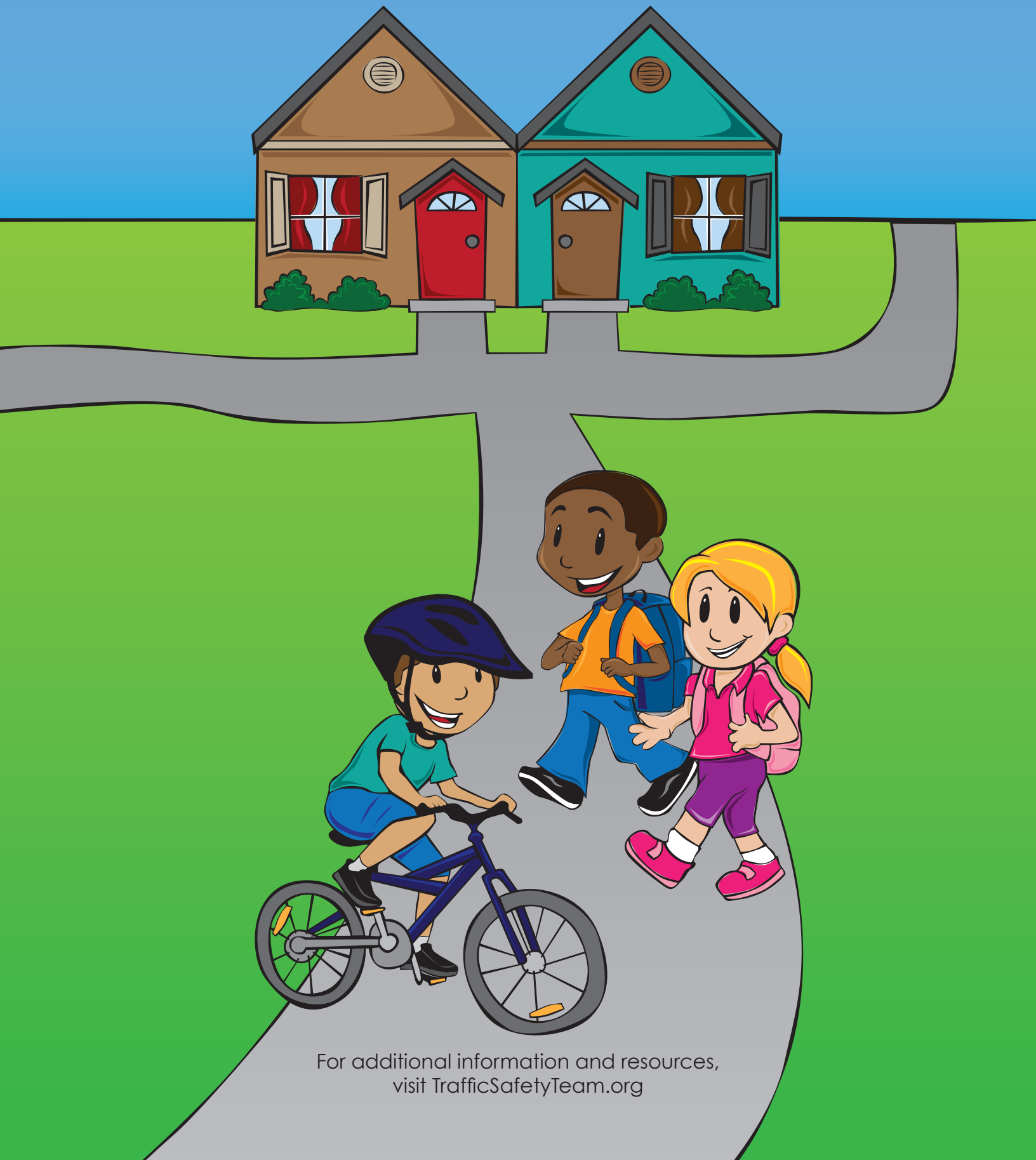




Walk, Ride & Play Safe!



For additional information and resources,
visit TrafficSafetyTeam.org