18th Annual Recipes for the Road

Mocktails & Safety Tips

Celebrate Safety
Designate a Driver

AAA
The Auto Club Group

YOUR TRAFFIC SAFETY TEAM
Florida Department of Transportation

LANDSTAR

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CSX
HOW TOMORROW MOVES

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NORTHEAST FLORIDA SAFETY COUNCIL, INC.
Drunk driving is one of the deadliest crimes. Every single injury and death caused by drunk drivers is totally preventable. Unfortunately, drunk drivers caused over 30% of all traffic fatalities in Florida last year. We need to be especially aware during the holidays because statistics show that the number of incidents increases during these times.

What are the consequences of a DUI or DWI conviction? According to Florida Statute 316.193, the penalties vary by the offender’s level of Blood Alcohol Content or Breath Alcohol Content (BAC) and the number of previous convictions. For example, for the first conviction with a BAC of .08, one would receive a costly fine and be imprisoned for a maximum of six months. The fines and terms of imprisonment increase with subsequent occurrences. There are also additional punishments such as extra fees, increased insurance premiums, license revocation for at least 180 days, completion of an approved substance abuse education course, and impoundment of vehicles owned by the offender.

How To Spot A Drunk Driver: These warning signs should be your signal to take down a license plate number and vehicle description to report to the proper authorities. Do not attempt to stop the vehicle.

- Wide turns
- Straddling lanes or driving on the center line
- Drifting or moving in a straight line at a slight angle to the roadway
- Driving with headlights off at night
- Appearing to be drunk (eye fixation, face close to windshield, drinking in the vehicle)
- Driving below the speed limit
- Erratic braking or stopping without cause
- Slow response to traffic signals (sudden stop, delay start)
- Nearly striking an object, curb, etc.

Report drunk drivers immediately to area law enforcement with the license plate number, description of the vehicle and the direction in which it was traveling.

Enjoy your holiday season. Be responsible and do not drink and drive.
Non-Alcoholic Drink Recipes to Share & Enjoy

**Jack Frost Mocktail**

*Ingredients:*
- 1 part grenadine
- 8 parts ginger ale
- Pop Rocks candy
- maraschino cherries

*Preparation:* Rim glass with pink Pop Rocks. Add 4 tbsp grenadine syrup to 16 oz ginger ale. Garnish with a maraschino cherry.

**Ho Ho Ho Cran-apple cider Mocktail**

*Ingredients:*
- cinnamon sugar
- 1 part cranberry juice
- 1 part apple cider
- red rock-candy swizzle stick

*Preparation:* Rim glass with cinnamon sugar. Combine equal parts cranberry juice and apple cider. Garnish with a red rock-candy swizzle stick.

**Prancers Pear Sparkler**

*Ingredients:*
- 1 cup pear juice
- 1 tsp lemon juice
- 3/4 cups honey
- 1/4 cup sugar
- 1 tbsp rosemary, ginger and nutmeg

*Preparation:* Combine pear juice, lemon juice, honey, sugar, rosemary, ginger, and nutmeg in a saucepan over medium heat. Bring to a boil, then simmer on low heat for five minutes, stirring to dissolve the sugars.

Report impaired drivers. Dial *FHP on your cell phone.
**Wishing You a Safe and Happy Holiday Season!**

**Ingredients:**
- 32 oz. apple juice
- 32 oz. cranberry juice
- 32 oz. orange juice
- Crushed ice
- Orange slices, for garnish

**Preparation:**
In a large pitcher or punch bowl, add juice and stir to combine. If your pitcher or bowl is smaller than 96 oz., combine the juices in equal parts in a smaller amount and refill as necessary. Serve over ice and garnish with orange slices if desired.

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**Christmas Morning Fruit Blend**

**Ingredients:**
- 10 mint leaves
- 6 small wedges of lime
- 1 oz of simple syrup (made from equal parts sugar & water)
- 1.5 oz pomegranate juice
- 1 can soda water

**Preparation:**
In a tall glass (about 17 oz.) muddle first 3 ingredients until lime pieces are well smashed. Fill with ice. Add juice and top off with soda water. Mix well by tossing back and forth in another glass.

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**Blitzens Midnight Madness Mocktail**

**Ingredients:**
- 4 oz tomato juice
- 1 dash lemon juice
- 1/2 tsp Worcestershire sauce
- 2 drops Tabasco sauce

**Preparation:**
Fill a large glass with ice. Add tomato juice, then the rest of the ingredients. Stir and garnish with a wedge of lime.
“If only I’d been watching for pedestrians and bicyclists.”

No Regrets When You
DRIVE WITH CARE

- Stop for pedestrians crossing at every intersection.
- Do not pass a vehicle that is stopped for pedestrians.
- Share the road with bicyclists.
- Passing bicyclists too closely is dangerous and illegal.
- Stop before turning right on red.
- Look in all directions before making a turn.
- Focus on the road. Avoid aggressive driving.
- Obey the traffic laws, signals and speed limits.
Comets Nojito

Ingredients:
- crushed ice
- 8 mint leaves
- 3 oz lime juice
- 1-1/2 oz sugar syrup
- 2 oz club soda

Preparation: Fill a pint glass 1/3 full with ice, then add mint leaves. Lightly mash the leaves together with the liquid using a muddle stick or wooden pestle, being careful not to tear the leaves. Fill the glass with more ice, then add club soda. Garnish with mint or lime, and savor!

Rudolph’s Red Nose Mocktail

Ingredients:
- 1 lemon for twists
- 2 cups ginger ale, chilled
- 1 cup pomegranate juice
- ice cubes
- 1 cup seltzer (or more to taste)

Makes a small pitcher

Preparation: In a pitcher, combine the ginger ale and pomegranate juice. Fill glasses with ice. Divide the liquid among the glasses, leaving room for seltzer. Pour the seltzer into each glass, to taste. Twist the peel and rub a strip on the edge of each glass. Drop the twist into the drink and serve.

Sweet Angel Mocktini

Ingredients:
- 1 cup lemon-lime soda
- 2 tbsp grenadine
- 1 tbsp orange juice
- orange slice
- maraschino cherry

Preparation: Fill tall glass with ice. Add lemon-lime soda, grenadine and orange juice. Stir until combined. Garnish with an orange slice and a maraschino cherry on a cocktail stick.
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Cupid's Around the Fireplace Mocktail

Ingredients:
- 2 cups cold espresso blend coffee
- 2 cups cold cocoa
- 1 tsp vanilla extract
- 1 cup sweetened whipped cream

Preparation: Combine cold coffee, cocoa and vanilla. Pour over ice in tall glasses. Top each with 2 tbsp of whipped cream.

Merry Mimosa Mocktail

Ingredients:
- 3 tbsp sugar
- 2 cups fresh orange juice
- 1 cup cranberry juice
- 2 bottles sparkling grape juice, chilled
- 8 orange slices

Preparation: Place sugar and orange juice in blender. Cover and blend on medium speed about 15 seconds or until foamy. Place 2 tbsp cranberry juice in each of 8 tall glasses. Pour 1/4 cup orange juice into each glass; add about 1 cup sparkling grape juice to each glass. Garnish with orange slice.

Festive Family Sangria

Ingredients:
- 4 cups passion fruit juice
- 8 cups sparkling water or ginger ale
- 1 fresh kiwi, sliced
- 1 orange, sliced
- 1 lime, sliced
- 1/2 cup fresh cranberries

Preparation: Fill a large pitcher with ice. Add the juice and sparkling water or ginger ale. Toss in the fruit slices. Store in the fridge until ready to serve, or serve immediately.
Alcohol alters physical and mental coordination.

In addition to offering non-alcoholic drinks, make sure to always serve food.

Crock Pot Spicy BBQ Kielbasa

Ingredients:
- 2 cups ketchup
- 1/2 cup light brown sugar
- 1 tbsp Worcestershire sauce
- 2 tsp Creole mustard
- 1 tsp hot sauce
- 1 medium onion, finely chopped
- 2 lbs kielbasa, cut into 1/2 inch rounds

Preparation: Combine all ingredients in the crock pot. Cover and cook on low for 3-4 hours, until sausage is hot.
If you’ve been drinking, take a cab or spend the night where you are.

**Fried Ravioli**

**Ingredients:**
- 1-16 oz frozen cheese or meat ravioli
- Frying pan with a heavy coating of oil
- 1/2 cup grated Parmesan
- 2 cups of marinara sauce

**Preparation:** Fry uncooked small cheese or meat ravioli in 365 degrees vegetable oil until golden, about 2 minutes. Drain on paper towels and sprinkle with salt and grated Parmesan. Serve with warm marinara sauce.

**District 2:** Alachua, Baker, Bradford, Clay, Columbia, Dixie, Duval, Gilchrist, Hamilton, Lafayette, Levy, Madison, Nassau, Putnam, St. Johns, Suwannee, Taylor, and Union

**Cheers to Safe Holiday Celebrations!**

Put safety first and always designate a non-drinking driver BEFORE the party.

Let’s ensure everyone arrives home safely.

www.landstar.com
Abominable Snowman Mocktail

**Ingredients:**
- 1 oz lime juice
- 1/2 cup ginger beer
- 1 tbsp simple syrup
- 2 oz sparkling water, tonic, or club soda
- ice cubes (3 to 5 depending on your preference)

**Preparation:** Add all ingredients in a glass and stir well. Garnish with a slice of lime and a small slice of ginger.

Elves Special Eggnog

**Ingredients:**
- condensed milk (1 small can)
- 3 cups of half & half pasteurized egg yolks (equal to 3 egg yolks)
- pinch of nutmeg
- drop of rum or vanilla extract

**Preparation:** Mix ingredients. Add ice and shake. Serve immediately.

Polar Express Hot Chocolate

**Ingredients:**
- 1/2 cup sugar
- 1/4 cup unsweetened baking cocoa
- 1/3 cup water
- 1/2 tsp ground cinnamon
- 1/4 tsp ground nutmeg
- 4 cups milk
- 3/4 cup marshmallow creme

**Preparation:** In 2-quart saucepan, heat sugar, cocoa, water, cinnamon and nutmeg over low heat, stirring constantly, until mixture is smooth. Heat to boiling; reduce heat. Simmer 4 minutes, stirring constantly. Stir in milk. Heat over low heat. Pour cocoa into 6 mugs. Top each with 2 tbsp marshmallow creme.
EVEN ONE DRINK of alcohol can slow your reflexes & reaction time, reduce your ability to see clearly and makes you less alert.

Know Florida’s DUI Laws

DUI in Florida: .08 is the rate • Under Florida law, a blood or breath alcohol level of .08 is evidence that a person is under the influence of alcohol to the extent that normal faculties are impaired. However, a person may be found guilty of DUI with a lower level.

Commercial drivers: .04 or more • A driver of a commercial vehicle may be found guilty of a moving violation if found with any alcohol in his/her body. A blood or breath alcohol level of .04 or above would disqualify a driver from operating a commercial vehicle for one year.

Consent to be tested • By accepting and using a Florida driver license, a person agrees to submit to an approved chemical test or physical test, including but not limited to a breath or urine test, when lawfully arrested for DUI. Refusal to take a test will result in a one-year suspension of the person’s privilege to operate a motor vehicle for the first refusal or an 18-month suspension for each subsequent refusal. These suspensions are in addition to any other penalties that may be imposed by the court upon a DUI conviction.

Pop a top, face a fine • Florida law prohibits possession of open containers of alcoholic beverages by the driver and passengers of most vehicles.

Under 21: .02 applies to you • Anyone under 21 years of age with a blood or breath alcohol level of .02 or above found driving or in actual physical control of a motor vehicle will lose his/ her driving privilege for six months. A driver under 21 years of age may be charged with DUI if the law enforcement officer determines that the driver’s faculties are impaired.

Dasher’s Madras Mocktail

Ingredients:
3 oz orange juice
3 oz cranberry juice
3 oz club soda

Preparation: Shake the orange juice and cranberry juice with ice. Pour into a highball glass using a strainer. Add ice to the juice, and then add the club soda.
Frosty Citrus Punch

Ingredients:
- 2 -6 oz can frozen limeade concentrate
- 3 cups cold water
- 2 cans lemon-lime soda
- 1/2 pint lemon sherbet

Preparation: Mix limeade concentrate and water in large pitcher. Just before serving, stir in soda pop. Pour into punch bowl. Float scoops of sherbet on top.

Fa la la la Festive Mocktail

Ingredients:
- 1 cup berries (seasonal)
- 1 tsp lemon juice
- 2 tbsp honey
- 1 cup soda water

Preparation: Blend berries with lemon juice and honey. Add soda water, mix and serve over ice.

Season’s Greeting & Best Wishes for a Safe & Healthy Holiday Season

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- Promoting Good Health, Saving Lives & Preventing Accidents
- Helping Maintain Safe & Healthy Environments through Education, Community Service & Public Awareness Programs & Activities

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Nassau 904-491-4861 • St Johns 904-794-1616 • Outside Area 1-888-399-1233
www.jaxsafety.com
**Vixen’s Mocktail Bellini**

**Ingredients:**
- 2 oz peach nectar, juice or puree
- sparkling apple cider, chilled

**Preparation:** Coat the rim of a Champagne glass with flavored sugar. Pour in the nectar, and slowly add the cider until the glass is full.

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**Christmas Morning Brew**

**Ingredients:**
- 1 tbsp chocolate syrup
- 1 tbsp caramel ice cream
- 3/4 cup hot freshly brewed coffee

**Preparation:** Mix the first three ingredients in a cup or mug until blended. Top with whipped cream.

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**DISTRACTED DRIVING CAN HARM YOUR BUSINESS**

**COMPLIMENTARY PRESENTATIONS AVAILABLE**

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Alcohol remains the leading factor in motor vehicle deaths.

Cran-Tang-Pom Punch

Ingredients:
1 (12 oz) bag fresh cranberries
1 bunch mint
2 cups pomegranate juice
3 cups tangerine juice
5 cups cranberry juice
2 bottles sparkling white grape juice

Preparation: Make garnish by adding three cranberries alternately with two mint leaves on wooden skewers. Place on a baking sheet; cover with damp paper towels, and refrigerate up to one hour. In large punch bowl, stir together fruit juices. Fill the glasses with ice, and ladle about 1/2 cup punch into each glass; top with sparkling juice and garnish.

Dancers Tidings Mocktail

Ingredients:
1 (14.5 oz) can pineapple chunks in juice
1 (12 oz) bag frozen strawberries
2 tbsp superfine sugar
2 medium limes, juiced

Preparation: In a blender, combine pineapple, frozen strawberries, sugar and lime juice and puree until smooth. Pour into glasses, garnish with fresh strawberries, if desired, and serve immediately.

Berry Little Mocktini

Ingredients:
3 oz distilled water
1 1/2 oz fresh squeezed lemon juice
1/2 cup blueberry concentrate
4 fresh strawberries, sliced

Preparation: Muddle the strawberries. Add all ingredients in a cocktail shaker with ice. Shake well. Fine strain into a Collins glass filled with fresh ice. Garnish with a strawberry slice.
Candy Cane Mock Shooter

Ingredients:
- 4 cups watermelon puree
- 1 cup pomegranate juice
- 1 large box cherry flavored gelatin
- 8 drops peppermint extract

Preparation: Stir watermelon puree, pomegranate juice, extract and a heaping tbsp of the cherry gelatin. Once everything is dissolved, place in small 1 oz cups and chill.

Mrs. Santa’s Apricot Gingerini

Ingredients:
- 2 1/2 oz white grape juice
- 3 oz apricot nectar
- 1 oz ginger-infused simple syrup
- 1/4 tsp ground clove

Preparation: Pour grape juice, apricot nectar, ginger-infused simple syrup, and most of the ground clove into a mixing glass filled with ice. Shake vigorously, then strain into a martini glass. Garnish with the remaining ground clove atop the drink.

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**Cupid’s Around the Fireplace Mocktail**

**Ingredients:**
- 2 oz coconut milk
- 3 oz pineapple juice
- 3 oz mango juice
- 1 small banana

**Preparation:** Peel the banana and place in a blender with the juice and coconut milk. Add in some ice and blend for 10 seconds. Pour in a large glass and serve with a straw with a garnish of sliced pineapple on the rim.

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**Christmas Past Raspberry Nojito**

**Ingredients:**
- 4-5 mint leaves
- 1/2 lime, quartered
- 5-6 fresh raspberries
- 1 1/2 oz simple syrup (mix equal parts sugar and water)
- lemon lime soda
- club soda

**Preparation:** In a pint glass or other tall glass, add simple syrup and muddle mint, lime and raspberries. Fill glass with ice and top with equal parts lemon lime soda and club soda.

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**safe happy holiday wishes**

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