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Even one drink of alcohol can affect your driving. Alcohol slows your reflexes and reaction time, reduces your ability to see clearly and makes you less alert. As the amount of alcohol in your body increases, your judgment worsens and your skills decrease. You will have trouble judging distances, speeds and the movement of other vehicles. The best advice is, if you drink alcohol, do not drive.

Know Florida’s DUI Laws

DUI in Florida: .08 is the rate
Under Florida law, a blood or breath alcohol level of .08 is evidence that a person is under the influence of alcohol to the extent that normal faculties are impaired. However, a person may be found guilty of DUI with a level lower than .08.

Commercial drivers: .04 or more
A driver of a commercial vehicle may be found guilty of a moving violation if found with any alcohol in his/her body. A blood or breath alcohol level of .04 or above would disqualify a driver from operating a commercial vehicle for one year.

Pop a top, face a fine
Florida law prohibits possession of open containers of alcoholic beverages by the driver and passengers of most vehicles.

Consent to be tested
By accepting and using a Florida driver license, a person agrees to submit to an approved chemical test or physical test, including but not limited to a breath or urine test, when lawfully arrested for DUI. Refusal to take a test may result in a one-year suspension of the person's privilege to operate a motor vehicle for the first refusal or an 18-month suspension for each subsequent refusal. These suspensions are in addition to any other penalties that may be imposed by the court upon a DUI conviction.

Under 21: .02 applies to you
Anyone under 21 years of age with a blood or breath alcohol level of .02 or above who is found driving or in actual physical control of a motor vehicle will lose his/her driving privilege for 6 months. A driver under 21 years of age may be charged with DUI if the law enforcement officer determines that the driver’s faculties are impaired.
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Don’t drink and drive!

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Contact us at osh-registration@nefsc.org for more information.
Hoppy Holidays

Ingredients:
• 2 oz. Orange Juice
• 2 oz. Sour Mix
• 1 oz. Pineapple Juice
• Splash of Grenadine
• Splash of 7-Up
• Orange
• Cherry

Preparation: Build first five ingredients on ice. Chill, shake and strain. Garnish with orange and cherry.

Calendar’s Spritzer

Ingredients:
• 3 oz. Sprite
• 1 oz. Cranberry Juice
• 1 oz. Strawberry
• Lime Juice
• Orange Slice
• Cherry

Preparation: Mix first three ingredients and add a twist of lime. Garnish with an orange slice and cherry.

Cappuccino Cooler

Ingredients:
• 4½ cups Cold Coffee
• 4½ cups Chocolate Ice Cream
• ¾ cup Hershey’s Chocolate Syrup
• Crushed Ice
• Whipped Cream

Preparation: In blender, place coffee, ice cream and syrup. Cover; blend until smooth. Serve immediately over crushed ice and garnish with whipped cream. Makes 3 servings.
**Chocolate Covered Strawberries**

**Ingredients:**
- 1 oz. Grenadine
- Chocolate Syrup
- 1 oz. Whipped Cream
- 3 oz. Half-and-Half
- Strawberry

**Preparation:** Pour all ingredients besides strawberry into shaker filled with ice. Shake well, strain into martini glass and add strawberry for a garnish.

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**Italian Caramel Apple Soda**

**Ingredients:**
- 1 tbsp. Sugar
- 2 tsp. Cinnamon
- Rose Lime Juice
- 1 oz. Monin Caramel Syrup (one squirt)
- 1 oz. Monin Granny Smith Apple Syrup (one squirt)
- 6 oz. Soda Water

**Preparation:** Mix sugar and cinnamon. Dip the rim of glass into a shallow well of Rose Lime Juice to moisten the rim, then in the cinnamon sugar to coat. Combine syrups and soda water, then pour into prepared glass.

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**Phish Punch**

**Ingredients:**
- Pineapple Juice
- Orange Juice
- Lemon Juice
- Grenadine

**Preparation:** Layer juices over ice. Stir, add splash of grenadine and enjoy (safely)!
Pumpkin Spice Chai Latte

**Ingredients:**
- 1 cup Soy Milk
- 1 cup Oregon Chai Tea Latte Concentrate
- 3 dashes Pumpkin Pie Spice
- Whip Cream

**Preparation:** Heat soy milk and chai tea concentrate in saucepan on medium. Stir continuously, add spice, stir until boiling. Serve and top with whip cream.

Peppermint Hot Chocolate

**Ingredients:**
- ½ cup Unsweetened Cocoa Powder
- 4 cups Milk
- ½ cup Semisweet Chocolate Chips
- ¼ cup Crushed Peppermint Sticks
- Pinch of Salt
- Whipped Cream
- Marshmallows

**Preparation:** Heat milk in a saucepan and mix in cocoa until dissolved. Add chocolate and peppermint. Simmer until it starts to boil. Remove from heat, add salt, stir and pour into mugs. Top with whipped cream and marshmallows.

Tropical Sparkler

**Ingredients:**
- 1 can (12 oz.) of Soda Guarana
- 4 Half Slices of Orange
- 4 Leaves of Fresh Basil

**Preparation:** Lightly muddle the oranges with the fresh basil to release the essences and top with the soda guarana and ice.
Strawberry Breakfast Smoothie

Ingredients:
• 1 Cup Milk
• 1/2 Cup Oats
• 1 Banana Chopped
• 10 Strawberries
• 1/2 Tsp Vanilla Extract
• 1 1/2 Tsp Sugar

Preparation: In a blender, combine milk, oats, banana and strawberries and blend well. Add vanilla and sugar entail desired sweetness is obtained. Blend until smooth and pour.

Big Easy Driver

Ingredients:
• 1½ cups Lemon Juice
• 1/2 cup Sugar
• 6 cups Water
• 1 cup Torn Fresh Mint Leaves
• 24 oz. Club Soda
• Lemon Slices

Preparation: Place the lemon juice, sugar and 1 cup water in a large pitcher. Stir until the sugar dissolves, then add 5 more cups water, mint leaves, club soda and a few lemon slices to garnish.

Mojito

Ingredients:
• 1 Lime
• 1 tsp. Sugar
• 6 Mint Leaves
• Sprite

Preparation: Fill half highball glass with ice. Squeeze the lime juice in and add the sugar and mint leaves. With a spoon, crush the mint leaves with the ice so the aroma of the mint will spread. Add the sprite and some more ice.
**Apple Orchard Punch**

**Ingredients:**
- 32 oz. Apple Juice, chilled
- 12 oz. can Frozen Cranberry Juice Concentrate
- 1 cup Orange Juice
- 1½ liters Ginger Ale
- 1 Apple

**Preparation:** In a large punch bowl, combine apple juice, cranberry juice concentrate and orange juice. Stir until dissolved, then slowly pour in the ginger ale. Thinly slice the apple vertically, forming whole apple slices. Float apple slices on top of punch.

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**Brazilian Hot Chocolate**

**Ingredients:**
- 1 oz. Sweet Baking Chocolate
- ¼ cup Sugar
- ½ tsp. Salt
- 1 cup Boiling Water
- ½ cup Hot Milk
- ½ cup Half-and-Half
- 1½ cups Hot Strong Coffee
- 1 tsp. Pure Vanilla Extract
- ¼ tsp. Ground Cinnamon

**Preparation:** Combine chocolate, sugar and salt in top half of a double boiler over simmering water. Cook, stirring, until chocolate is melted; then stir in water. Cook, stirring, 4 minutes. Add milk, half & half and coffee. Beat with a whisk or hand beater until frothy. Add vanilla and cinnamon; whisk well.

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**Vanilla Punch**

**Ingredients:**
- 5 cups White Sugar
- 2 cups Water
- 2 tbsp Clear Imitation Vanilla Extract
- 2 tbsp Almond Extract

**Preparation:** In a saucepan over medium heat, combine sugar and water. Cook, stirring frequently, until sugar is dissolved. Stir in vanilla and almond extract. Cool, and refrigerate. To serve: In a punch bowl with ice, mix 1 cup syrup with 2 liters ginger ale or lemon-lime soda.
**Bloody Shame**

**Ingredients:**
- 3 oz. V8® Vegetable Juice
- 2-3 drops Tabasco® Sauce
- 1 pinch Salt
- 1 pinch Pepper
- 1 Celery Stick

**Preparation:** Pour V8 into an old-fashioned glass, add tabasco sauce and stir with a celery stalk. Sprinkle with salt and pepper, and serve.

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**Lemon Daisy**

**Ingredients:**
- ¾ oz. Lemon Juice
- ½ oz. Grenadine Syrup
- ½ oz. Simple Syrup
- 7-Up® Soda
- Soda Water

**Preparation:** Stir the lemon juice, grenadine and simple syrup together in a white wine glass. Add ice, top with equal parts 7-up and soda water, and serve.

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**Snow Punch**

**Ingredients**
- 6 Bananas
- 2 cups Half-and-Half Cream
- 1 cup Lemon Juice
- 1 cup White Sugar
- 2 liters Lemon-Lime Flavored Carbonated Beverage
- 1 pint Lemon Sherbet

**Preparation:** In a blender combine bananas, half-and-half, lemon juice and sugar. Blend until smooth. Pour the banana mixture into a large punch bowl. Gently stir in the carbonated beverage. Scoop out sherbet and float on top. Serve immediately.

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Putnam County Safety Team

Alachua Traffic Safety Team

Multi-county Safety Team
Dixie, Levy, Gilchrist, and Layfayette
**Hot Buttered Lemonade**

**Ingredients**
- 3 cups Water
- 3/4 cup Fresh Lemon Juice
- 2/3 cup Sugar
- 1 1/2 tsp Grated Lemon Peel
- 1 tbsp Butter
- 4 Cinnamon Sticks

**Preparation:** In a saucepan over medium heat, simmer water, lemon juice, sugar and lemon peel until sugar is dissolved. Pour into mugs; dot each with butter. Drop in a cinnamon stick.

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**Papaya Piña Colada**

**Ingredients:**
- 1/2 cup Lemon Juice
- 1 3/4 cups Cold Water
- 5 tbsp. Granulated Sugar
- 1 cup Chopped Pineapple
- 1/2 of a Ripe Papaya seeded, peeled, and chopped
- 1/4 cup Cream of Coconuts
- Pineapple Wedges

**Preparation:** In blender, combine lemon juice, water, sugar, pineapple, papaya and cream of coconut. Blend until smooth. Refrigerate at least 30 minutes. Serve garnished with pineapple wedges, if desired.

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**Mango Tango**

**Ingredients:**
- 2 cups Peeled, Seeded Mango chopped and chilled
- 1/2 cup Ice Cold Milk
- 1 cup Orange Juice
- 2 tbsp. Honey

**Preparation:** Combine all ingredients in a blender. Process until smooth.
Holiday Smoothie

**Ingredients:**
- ½ cup Orange Juice
- ¼ cup Strawberries (fresh or frozen)
- ¼ cup Cranapple Juice
- ¼ cup Half and Half or Almond Milk
- ½ Frozen Banana
- 1 packet Stevia or Splenda (optional)
- ½ to 1 cup Ice

**Preparation:** Blend all until smooth and pour into a tall glass. Enjoy!

Banana Cream Pie

**Ingredients:**
- 2 oz. Vanilla Ice Cream
- 2 oz. Banana Purée
- 4 oz. Ice Cubes
- Dash of Ground Nutmeg
- Graham Cracker Crumbs
- Whipped Cream
- Maraschino Cherry

**Preparation:** Combine ice cream and banana purée in a blender with ice cubes and nutmeg. Rim a frappe glass with lime juice and dip the glass into the graham cracker crumbs. Pour mixture into the glass and top with whipped cream and garnish with a cherry.

Hot Caramel Apple Cider

**Ingredients:**
- 1 ½ cups Apple Cider
- 1 ½ tbsp. Caramel Sauce
- ½ tsp. Vanilla Extract

**Preparation:** Pour ingredients into a saucepan. Heat over medium-high heat, stirring constantly, until apple cider is hot and caramel has melted.
Whitey's Tiki Daiquiri

Ingredients:
- 12 oz. 7-Up or Sprite
- Splash of Grenadine
- 1½ oz. Strawberry Daiquiri Mix

Preparation: Mix all ingredients. Garnish with cherry and strawberry.

Pomegranate Fauxjito

Ingredients:
- 1 oz. Simple Syrup
- 4 Fresh Mint Leaves
- ½ Lime – Sliced
- 4 oz. Club Soda
- 1 oz. Pomegranate Juice


Blueberry Hill

Ingredients:
- 6 Blueberries
- 1 oz. Agave Nectar
- ½ oz. Fresh Lemon Juice
- ½ oz. Fresh Lime Juice
- 6 oz. Soda Water

Preparation: Muddle blueberries with agave nectar, add fresh juices then club soda. Stir and enjoy.
Citrus-Berry Spritz:
Ingredients:
- ½ fresh Grapefruit
- ½ fresh Orange
- .05 oz. of Peach Purée
- .05 oz. Agave Nectar
- Splash of Club Soda

Preparation: In a pint glass: Muddle 2 blackberries, squeeze ½ fresh grapefruit and ½ fresh orange, add .05 oz. of peach purée, add .05 oz. agave nectar, transfer ingredients into a cocktail shaker filled with ice and shake vigorously. Strain into a martini glass and top with club soda. Garnish with a fresh basil leaf.

Gum Drop Drink
Ingredients:
- Sprite
- Raspberry Syrup
- ½ shot Grenadine
- Dash of Sour Mix
- Piña Colada Mix

Preparation: In blender mix ice with the above ingredients and serve in chilled martini glass with a slice of lime.

Chef Stuart's Special Egg Nog
Ingredients:
- Condensed Milk (1 small can)
- 3 Cups of Half and Half
- Pasteurized Egg Yolks (equal to 3 egg yolks)
- Pinch of Nutmeg
- Splash of Angostora Bitters

Preparation: Mix ingredients. Add ice and shake to cold.
Ginger Tea With a Twist

Ingredients:
• ½ cup Honey
• ½ cup coarsely chopped Fresh Ginger
• 6 White Tea bags
• ½ cup Lemons, juiced
• Lemon Slices
• 8 cups Water

Preparation: Bring honey, 2 cups water and ginger to a boil. Reduce heat and simmer over low heat for 5 minutes. Remove from heat and add tea bags. Let mixture steep for 30 minutes, then strain. In a pitcher combine liquid with 6 cups water and lemon juice. Chill in refrigerator.

Pumpkin Passion

Ingredients:
• 1 qt. milk
• 1 cup canned pumpkin
• ¼ cup sugar
• 1 tsp. ground nutmeg
• 1 tsp. vanilla whipped cream

Preparation: In large pan stir together milk, pumpkin, sugar and nutmeg. Do not boil. Remove from heat, stir in vanilla. Serve in mugs with whipped cream on top.

All Jacked Up

Ingredients:
• 3 oz. Pineapple Juice
• 6 oz. Mountain Dew
• Splash of Grenadine
• Granulated Sugar to Rim the Glass
• Maraschino Cherry
• Wedge of Lime

Preparation: Rim glasses with water and dip into sugar. Add ice to the glass. Add the liquid ingredients in the order listed above and stir gently. Garnish with a maraschino cherry and wedge of lime. Warning: This contains a jolt of caffeine and a rush of sugar.
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Media Design Wishes You a Safe and Happy Holiday Season!
Peppermint Punch

Ingredients:
• 1 qt. Peppermint Ice Cream
• 1 cup Cold Milk
• 2 liters Ginger Ale

Preparation: Place ice cream in a punch bowl, and allow to soften slightly. Blend in milk and ginger ale. Stir until frothy. Serve at once, or keep chilled until ready to serve.
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EVERY SECOND COUNTS
Drunk driving is one of the deadliest crimes. Every single injury and death caused by drunk drivers is totally preventable. Unfortunately, drunk drivers caused over 30% of all traffic fatalities in Florida last year. We need to be especially aware during the holidays because statistics show that the number of incidents increases during these times.

What are the consequences of a DUI or DWI conviction? According to Florida Statute 316.193, the penalties vary by the offender’s level of Blood Alcohol Content or Breath Alcohol Content (BAC) and the number of previous convictions. For example, for the first conviction with a BAC of .08, one would receive a costly fine and be imprisoned for a maximum of six months. The fines and terms of imprisonment increase with subsequent occurrences. There are also additional punishments such as extra fees, increased insurance premiums, license revocation for at least 180 days, completion of an approved substance abuse education course, and impoundment of vehicles owned by the offender.

**How To Spot A Drunk Driver:**
These warning signs should be your signal to take down a license plate number and vehicle description to report to the proper authorities. Do not attempt to stop the vehicle.

- Wide turns
- Straddling lanes or driving on the center line
- Drifting or moving in a straight line at a slight angle to the roadway
- Driving with headlights off at night
- Appearing to be drunk (eye fixation, face close to windshield, drinking in the vehicle)
- Driving below the speed limit
- Erratic braking or stopping without cause
- Slow response to traffic signals (sudden stop, delay start)
- Nearly striking an object, curb, etc.

Report drunk drivers immediately to area law enforcement from a car phone or pay phone with the license plate number, description of the vehicle and the direction in which it was traveling.

Enjoy your holiday season.
Be responsible and do not drink and drive.

This program is sponsored by the **Florida Department of Transportation**.

Visit our website at [traffic safety team.org](http://traffic safety team.org) to learn about your area Community Traffic Safety Team and available resources.